“The Fight pt.1” 3 Day SOAP

**Part 1: But Against**

**Scripture:** “For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.” Ephesians 6:12 ESV

**Observation:** The great deception of the enemy is that our trials and troubles are rooted in earthly things. The truth is that our problems do not have a human origin but a spiritual origin. The opposition we face is cleverly camouflaged so as to keep us from dealing with it properly.

**Application:** To successfully defend ourselves from the affliction of the enemy we need to fight the battle on the proper ground. Resisting spiritual attacks in the flesh is futile. We must take the fight into the spirit where we can successfully defend and attack.

**Prayer:** Ask the Lord to evaluate your issues and highlight the root of the problem. Ask Him to show you how to resist the enemy in His strength.

**Part 2: Able to Stand Against**

**Scripture:** “Put on the whole armor of God, that you may be able to stand against the schemes of the devil.” Ephesians 6:11 ESV

**Observation:** God has not left us powerless against the attack of the enemy. He has equipped us not only with His indwelling spirit, and constant communication through prayer, but an entire suit of armor specialized to protect against the attack of the enemy. This armor has been designed by God for us to defend specifically against spiritual attack.

**Application:** As you read through Ephesians 6 do you feel like you are equipped with the armor of God? Which item do you feel comfortable with? Which item do you need to focus more on using? Each item has a specific use, and we must use it in the way it was designed to be utilized.

**Prayer:** Ask God to help you understand the armor. Ask Him to show you how to use it in your unique situation.

**Part 3: Divine Power**

**Scripture:** “The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.” 2 Corinthians 10:4 NIV

**Observation:** God has equipped us not only with armor for defense, but also weapons for offense. These weapons are the Holy Scriptures, the power of prayer, and His indwelling Spirit. These weapons are powerful and effective, their purpose is God given to utterly destroy every advance of the enemy.

**Application:** How well have you been utilizing the weapons that God has given you? Do you find yourself using scripture with precision to attack the enemy or have you fallen prey to his evil advances? Are you spending time daily in prayer to strengthen your mind and spirit for the day’s trials? How can you grow in your ability to fight with God’s weapons?

**Prayer:** Ask God to help you fight with His weapons. Spend some extra time in prayer today focusing on the things that have afflicted you. Listen to what God has to say about your troubles.